



**COLEGIO EUROPEO DE MADRID**

LUNES / MONDAY		MARTES / TUESDAY		MIÉRCOLES / WEDNESDAY	JUEVES / THURSDAY	VIERNES / FRIDAY			
6 ITALY		7 FRANCE		1	2	3			
<b>Espaguetis Carbonara</b> (1,3,6,7) "Carbonara" style spaghetti		<b>Vichissoise</b> "Vichissoise"		<b>NOT A SCHOOL DAY</b>		<b>NOT A SCHOOL DAY</b>			
<b>Merluzzo alla contadina</b> (1,3,4) Hake with vegetables		<b>Parmentier de carne</b> (7,12) "Parmentier" meat		<b>DAY OF "COMUNIDAD DE MADRID"</b>		<b>NOT A SCHOOL DAY</b>			
Fruta de temporada / Seasonal fruit Kcal 670 Lip 27,6 Prot. 28,4 Hcar 77		Fruta de temporada / Seasonal fruit Kcal 649 Lip 16,7 Prot. 23,1 Hcar 102		Fruta de temporada / Seasonal fruit Kcal 701 Lip 29,5 Prot. 25,8 Hcar 83		Fruta de temporada / Seasonal fruit Kcal 775 Lip 30,0 Prot. 42,8 Hcar 83			
13		14		15		16			
<b>Judías verdes rehogadas</b> Sauteed green beans		<b>Arroz con tomate</b> Boiled rice with tomato sauce		<b>"SAN ISIDRO"</b>		<b>Sopa de cocido</b> (1,3) "Cocido" soup			
<b>Ragout de ternera en salsa con patata asada</b> Veal ragout cooked in sauce w/baked potatoe		<b>Tortilla de queso con ens.lechuga</b> (3,7) Cheese plain omelette with lettuce				<b>Complemento del cocido</b> (6) Chick-peas, meat, vegetables, "chorizo" stew		<b>Crema de guisantes</b> Cream of peas soup	
Fruta de temporada / Seasonal fruit Kcal 762 Lip 35,9 Prot. 25,9 Hcar 84		Fruta de temporada / Seasonal fruit Kcal 639 Lip 35,0 Prot. 27,6 Hcar 53				Fruta de temporada / Seasonal fruit Kcal 777 Lip 30,4 Prot. 37,1 Hcar 89		Fruta de temporada / Seasonal fruit Kcal 680 Lip 35,5 Prot. 42,7 Hcar 47	
20		21		22		23			
<b>Arroz Tres Delicias</b> (3,2,6) Special fried rice		<b>Crema de calabacín</b> Crema of pumpkin soup		<b>Patatas Riojanas</b> (6) "Riojana" style stew potatoes		<b>Judías pintas estofadas con verduras</b> Vegetables with beans stew			
<b>Sepia rebozada con ensalada</b> (1,14) Breaded cuttlefish with salad		<b>Roti de pavo asado c/patata panadera</b> (1,6) Roasted turkey roti with fries		<b>Tortilla de atún con ens.lechuga</b> (3,4) Tuna plain omelette with lettuce		<b>Libritos de lomo con queso con tomate asado</b> (1,3,7) Breaded pork with cheese ant tomato grille			
Fruta de temporada / Seasonal fruit Kcal 748 Lip 37,6 Prot. 25,1 Hcar 77		Fruta de temporada / Seasonal fruit Kcal 730 Lip 23,1 Prot. 30,0 Hcar 101		Fruta de temporada / Seasonal fruit Kcal 657 Lip 36,6 Prot. 39,0 Hcar 43		Fruta de temporada / Seasonal fruit Kcal 767 Lip 43,2 Prot. 24,4 Hcar 70			
27		28		29		30			
<b>Crema de espinacas</b> Cream of spinach soup		<b>Fideuá mixta</b> Mixed "fideua"		<b>Sopa estrellitas con jamón</b> (1,3) Soup with ham		<b>Lentejas estofadas con chorizo</b> (6) "Chorizo" with lentils stew			
<b>Albóndigas de ternera c/arroz blanco</b> (1,3,6,12) Veal meatballs with boiled rice		<b>Filete de bacalao con pisto</b> (4) Fish cooked in sauce with ratatouille		<b>Jamoncitos de pollo guisados con patatas al ajillo</b> Chicken cooked in sauce with fries		<b>Tortilla de patata con ensalada</b> (3) Spanish potatoe omelette with salad			
Fruta de temporada / Seasonal fruit Kcal 693 Lip 34,5 Prot. 25,9 Hcar 70		Fruta de temporada / Seasonal fruit Kcal 764 Lip 26,3 Prot. 24,6 Hcar 107		Fruta de temporada / Seasonal fruit Kcal 672 Lip 34,0 Prot. 33,9 Hcar 58		Fruta de temporada / Seasonal fruit Kcal 725 Lip 33,4 Prot. 25,8 Hcar 82			
24		31		31		31			
<b>Macarrones a los tres quesos</b> (1,3,7) Macaronni with cheese		<b>Arroz con tomate</b> Boiled rice with tomato sauce		<b>Arroz con tomate</b> Boiled rice with tomato sauce		<b>Arroz con tomate</b> Boiled rice with tomato sauce			
<b>Fil. merluza al limón con verduritas</b> (4) Hake cooked with lemon sauce and vegetables		<b>Fil. pescadilla a la Andaluza c/ens.</b> (1,4) Breaded fish with salad		<b>Fil. pescadilla a la Andaluza c/ens.</b> (1,4) Breaded fish with salad		<b>Fil. pescadilla a la Andaluza c/ens.</b> (1,4) Breaded fish with salad			
Fruta de temporada / Seasonal fruit Kcal 615 Lip 19,5 Prot. 25,5 Hcar 85		Fruta de temporada / Seasonal fruit Kcal 754 Lip 26,3 Prot. 28,9 Hcar 96		Fruta de temporada / Seasonal fruit Kcal 754 Lip 26,3 Prot. 28,9 Hcar 96		Fruta de temporada / Seasonal fruit Kcal 754 Lip 26,3 Prot. 28,9 Hcar 96			



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LUNES / MONDAY		MARTES / TUESDAY		MIÉRCOLES / WEDNESDAY	JUEVES / THURSDAY	VIERNES / FRIDAY	
6 ITALY		7 FRANCE		1 SPAIN	2	3	
<b>Espaguetis Carbonara</b> (1,3,6,7) "Carbonara" style spaguetti		<b>Vichissoise</b> "Vichissoise"		<b>NOT A SCHOOL DAY</b>		<b>NOT A SCHOOL DAY</b>	
<b>Merluzzo alla contadina</b> (1,3,4) Hake with vegetables		<b>Parmentier de carne</b> (7,12) "Parmentier" meat		<b>Paella Valenciana</b> "Paella"		<b>DAY OF "COMUNIDAD DE MADRID"</b>	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	
13		14		8 SPAIN	9 EUROPE DAY	10 UNITED KINGDOM	
<b>Judías verdes rehogadas</b> Sauteed green beans		<b>Arroz con tomate</b> Boiled rice with tomato sauce		<b>Paella Valenciana</b> "Paella"		<b>Puré de verduras naturales</b> Cream of vegetables soup	
<b>Ragout de ternera en salsa con patata asada</b> Veal ragout cooked in sauce w/baked potatoe		<b>Tortilla de queso con ens.lechuga</b> (3,7) Cheese plain omelette with lettuce		<b>Tortilla española con ens. Lechuga</b> (3) Spanish potatoe omelette with lettuce		<b>Cerdo guisado con manzana</b> Pork meat cooked with apple	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	
20		21		15	16	17	
<b>Arroz Tres Delicias</b> (3,2,6) Special fried rice		<b>Crema de calabacín</b> Crema of pumpkin soup		<b>"SAN ISIDRO"</b>		<b>Sopa de cocido</b> (1,3) "Cocido" soup	
<b>Sepia rebozada con ensalada</b> (1,14) Breaded cuttlefish with salad		<b>Roti de pavo asado c/patata panadera</b> (1,6) Roasted turkey roti with fries		<b>Patatas Riojanas</b> (6) "Riojana" style stew potatoes		<b>Complemento del cocido</b> (6) Chick-peas, meat, vegetables, "chorizo" stew	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	
27		28		22	23	24	
<b>Crema de espinacas</b> Cream of spinach soup		<b>Fideuá mixta</b> Mixed "fideua"		<b>Patatas Riojanas</b> (6) "Riojana" style stew potatoes		<b>Judías pintas estofadas con verduras</b> Vegetables with beans stew	
<b>Albóndigas de ternera c/arroz blanco</b> (1,3,6,12) Veal meatballs with boiled rice		<b>Filete de bacalao con pisto</b> (4) Fish cooked in sauce with ratatouille		<b>Tortilla de atún con ens.lechuga</b> (3,4) Tuna plain omelette with lettuce		<b>Libritos de lomo con queso con tomate asado</b> (1,3,7) Breaded pork with cheese ant tomato grille	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	
30		31		29	30	31	
<b>Crema de espinacas</b> Cream of spinach soup		<b>Fideuá mixta</b> Mixed "fideua"		<b>Sopa estrellitas con jamón</b> (1,3) Soup with ham		<b>Arroz con tomate</b> Boiled rice with tomato sauce	
<b>Albóndigas de ternera c/arroz blanco</b> (1,3,6,12) Veal meatballs with boiled rice		<b>Filete de bacalao con pisto</b> (4) Fish cooked in sauce with ratatouille		<b>Jamonicitos de pollo guisados con patatas al ajillo</b> Chicken cooked in sauce with fries		<b>Lentejas estofadas con chorizo</b> (6) "Chorizo" with lentils stew	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	



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LUNES / MONDAY		MARTES / TUESDAY		MIÉRCOLES / WEDNESDAY	JUEVES / THURSDAY	VIERNES / FRIDAY	
6 ITALY		7 FRANCE		1 SPAIN	2	3	
<b>Espaguetis Carbonara</b> (1,3,6,7) "Carbonara" style spaguetti		<b>Vichissoise</b> "Vichissoise"		<b>NOT A SCHOOL DAY</b>		<b>NOT A SCHOOL DAY</b>	
<b>Merluzzo alla contadina</b> (1,3,4) Hake with vegetables		<b>Parmentier de carne</b> (7,12) "Parmentier" meat		<b>Paella Valenciana</b> "Paella"		<b>DAY OF "COMUNIDAD DE MADRID"</b>	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	
13		14		8 SPAIN	9 EUROPE DAY	10 UNITED KINGDOM	
<b>Judías verdes rehogadas</b> Sauteed green beans		<b>Arroz con tomate</b> Boiled rice with tomato sauce		<b>Paella Valenciana</b> "Paella"		<b>Legumbre estofada a la Alemana</b> (6) Sausage with legume stew	
<b>Ragout de ternera en salsa con patata asada</b> Veal ragout cooked in sauce w/baked potatoe		<b>Tortilla de queso con ens.lechuga</b> (3,7) Cheese plain omelette with lettuce		<b>Tortilla española con ens. Lechuga</b> (3) Spanish potatoe omelette with lettuce		<b>Cerdo guisado con manzana</b> Pork meat cooked with apple	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	
20		21		15	16	17	
<b>Arroz Tres Delicias</b> (3,2,6) Special fried rice		<b>Crema de calabacín</b> Crema of pumpkin soup		<b>"SAN ISIDRO"</b>		<b>Sopa de cocido</b> (1,3) "Cocido" soup	
<b>Sepia rebozada con ensalada</b> (1,14) Breaded cuttlefish with salad		<b>Roti de pavo asado c/patata panadera</b> (1,6) Roasted turkey roti with fries		<b>Patatas Riojanas</b> (6) "Riojana" style stew potatoes		<b>Complemento del cocido</b> (6) Chick-peas, meat, vegetables, "chorizo" stew	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	
27		28		22	23	24	
<b>Crema de espinacas</b> Cream of spinach soup		<b>Fideuá mixta</b> Mixed "fideua"		<b>Patatas Riojanas</b> (6) "Riojana" style stew potatoes		<b>Judías pintas estofadas con verduras</b> Vegetables with beans stew	
<b>Albóndigas de ternera c/arroz blanco</b> (1,3,6,12) Veal meatballs with boiled rice		<b>Filete de bacalao con pisto</b> (4) Fish cooked in sauce with ratatouille		<b>Tortilla de atún con ens.lechuga</b> (3,4) Tuna plain omelette with lettuce		<b>Libritos de lomo con queso con tomate asado</b> (1,3,7) Breaded pork with cheese ant tomato grille	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	
30		31		29	30	31	
<b>Crema de espinacas</b> Cream of spinach soup		<b>Fideuá mixta</b> Mixed "fideua"		<b>Sopa estrellitas con jamón</b> (1,3) Soup with ham		<b>Arroz con tomate</b> Boiled rice with tomato sauce	
<b>Albóndigas de ternera c/arroz blanco</b> (1,3,6,12) Veal meatballs with boiled rice		<b>Filete de bacalao con pisto</b> (4) Fish cooked in sauce with ratatouille		<b>Jamoncitos de pollo guisados con patatas al ajillo</b> Chicken cooked in sauce with fries		<b>Lentejas estofadas con chorizo</b> (6) "Chorizo" with lentils stew	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	
<b>Crema de espinacas</b> Cream of spinach soup		<b>Fideuá mixta</b> Mixed "fideua"		<b>Sopa estrellitas con jamón</b> (1,3) Soup with ham		<b>Arroz con tomate</b> Boiled rice with tomato sauce	
<b>Albóndigas de ternera c/arroz blanco</b> (1,3,6,12) Veal meatballs with boiled rice		<b>Filete de bacalao con pisto</b> (4) Fish cooked in sauce with ratatouille		<b>Jamoncitos de pollo guisados con patatas al ajillo</b> Chicken cooked in sauce with fries		<b>Lentejas estofadas con chorizo</b> (6) "Chorizo" with lentils stew	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	



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LUNES / MONDAY		MARTES / TUESDAY		MIÉRCOLES / WEDNESDAY	JUEVES / THURSDAY	VIERNES / FRIDAY		
6 ITALY		7 FRANCE		1	2	3		
<b>Espaquetis Carbonara</b> (esp.sin alergenos,6,7)		<b>Vichissoise</b>		<b>NOT A SCHOOL DAY</b>	<b>DAY OF "COMUNIDAD DE MADRID"</b>	<b>NOT A SCHOOL DAY</b>		
"Carbonara" style spaguetti		"Vichissoise"						
<b>Merluzzo alla contadina</b> (1,3,4)		<b>Parmentier de carne</b> (7,12)						
Hake with vegetables		"Parmentier" meat		<b>Paella Valenciana</b>	<b>Legumbre estofada a la Alemana</b> (6)	<b>Puré de verduras naturales</b>		
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		"Paella"	Sausage with legume stew	Cream of vegetables soup		
13		14		8 SPAIN		9 EUROPE DAY		
<b>Judías verdes rehogadas</b>		<b>Arroz con tomate</b>		<b>"SAN ISIDRO"</b>		10 UNITED KINGDOM		
Sauteed green beans		Boiled rice with tomato sauce				<b>Paella</b>	<b>Cerdo guisado con manzana</b>	<b>Fish and chips</b> (1,3,4)
<b>Ragout de ternera en salsa con patata asada</b>		<b>Filete de pescado con ajo y perejil</b> (4) con lechuga				<b>Ragout de pavo con ens. Lechuga</b>	<b>Cerdo guisado con manzana</b>	<b>Fish and chips</b>
Veal ragout cooked in sauce w/baked potatoe		Fish fillet with lettuce		Turkey ragout with lettuce	Pork meat cooked with apple	"Fish and chips"		
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo / Dairy		
20		21		15		16		
<b>Arroz rehogado con ajitos</b>		<b>Crema de calabacín</b>		<b>"SAN ISIDRO"</b>		17		
Boiled rice with garlic		Crema of pumpkin soup				<b>Sopa de cocido</b> (esp.sin alergenos)	<b>Crema de guisantes</b>	
<b>Sepia rebozada</b> con ensalada (1,14)		<b>Roti de pavo asado</b> c/patata panadera (1,6)				"Cocido" soup	Cream of peas soup	
Breaded cuttlefish with salad		Roasted turkey roti with fries		<b>Complemento del cocido</b> (6)	<b>Salmón con tomate y pasta salteada</b> (pasta esp.sin alergenos,4)			
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Chick-peas, meat, vegetables, "chorizo" stew	Salmon cooked in sauce with pasta			
27		28		16		17		
<b>Crema de espinacas</b>		<b>Fideuá mixta</b> (esp.sin alergenos)		22		23		
Cream of spinach soup		Mixed "fideua"		<b>"SAN ISIDRO"</b>		24		
<b>Albóndigas de ternera c/arroz blanco</b> (esp.sin alergenos)		<b>Filete de bacalao</b> con pisto (4)				<b>Patatas Riojanas</b> (6)	<b>Judías pintas estofadas con verduras</b>	
Veal meatballs with boiled rice		Fish cooked in sauce with ratatouille				"Riojana" style stew potatoes	Vegetables with beans stew	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		<b>Jamoncitos de pollo guisados</b> con patatas al ajillo	<b>Libritos de lomo con queso</b> con tomate asado (1,3,7)	<b>Macarrones a los tres quesos</b> (esp.sin alergenos, 7)		
29		30		20		21		
<b>Crema de espinacas</b>		<b>Fideuá mixta</b> (esp.sin alergenos)		22		23		
Cream of spinach soup		Mixed "fideua"		<b>"SAN ISIDRO"</b>		24		
<b>Albóndigas de ternera c/arroz blanco</b> (esp.sin alergenos)		<b>Filete de bacalao</b> con pisto (4)				<b>Ternera a la jardinera</b>	<b>Libritos de lomo con queso</b> con tomate asado (1,3,7)	
Veal meatballs with boiled rice		Fish cooked in sauce with ratatouille				Stewed veal meat with vegetables	Breaded pork with cheese ant tomato grille	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo / Dairy		
31		32		29		30		
<b>Crema de espinacas</b>		<b>Fideuá mixta</b> (esp.sin alergenos)		29		30		
Cream of spinach soup		Mixed "fideua"		<b>"SAN ISIDRO"</b>		31		
<b>Albóndigas de ternera c/arroz blanco</b> (esp.sin alergenos)		<b>Filete de bacalao</b> con pisto (4)				<b>Sopa estrellitas con jamón</b> (esp.sin alergenos)	<b>Lentejas estofadas con chorizo</b> (6)	
Veal meatballs with boiled rice		Fish cooked in sauce with ratatouille				Soup with ham	"Chorizo" with lentils stew	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		<b>Jamoncitos de pollo guisados</b> con patatas al ajillo	<b>Lomo adobado</b> con ensalada	<b>Arroz con tomate</b>		
31		32		30		31		
<b>Crema de espinacas</b>		<b>Fideuá mixta</b> (esp.sin alergenos)		30		31		
Cream of spinach soup		Mixed "fideua"		<b>"SAN ISIDRO"</b>		32		
<b>Albóndigas de ternera c/arroz blanco</b> (esp.sin alergenos)		<b>Filete de bacalao</b> con pisto (4)				<b>Lomo adobado</b> con ensalada	<b>Fil. merluza al limón</b> con verduritas (4)	
Veal meatballs with boiled rice		Fish cooked in sauce with ratatouille				Pork loin with salad	Hake cooked with lemon sauce and vegetables	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo / Dairy		



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6 ITALY		7 FRANCE		1	2	3	
<b>Espaquetis Carbonara</b> (esp.sin alergen,6,7)		<b>Vichissoise</b>		<b>NOT A SCHOOL DAY</b>	<b>DAY OF "COMUNIDAD DE MADRID"</b>	<b>NOT A SCHOOL DAY</b>	
"Carbonara" style spaguetti		"Vichissoise"					
<b>Merluzzo alla contadina</b> (1,sin pasar por huevo,4)		<b>Parmentier de carne</b> (7,12)					
Hake with vegetables		"Parmentier" meat		<b>Paella Valenciana</b>	<b>Legumbre estofada a la Alemana</b> (6)	<b>Puré de verduras naturales</b>	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		"Paella"	Sausage with legume stew	Cream of vegetables soup	
13		14		8 SPAIN		9 EUROPE DAY	
<b>Judías verdes rehogadas</b>		<b>Arroz con tomate</b>		<b>"SAN ISIDRO"</b>		10 UNITED KINGDOM	
Sauteed green beans		Boiled rice with tomato sauce				<b>Paella Valenciana</b>	<b>Fish and chips</b> (1,sin pasar por huevo,4)
<b>Ragout de ternera en salsa con patata asada</b>		<b>Filete de pescado con ajo y perejil</b> (4) con lechuga				<b>Ragout de pavo con ens. Lechuga</b>	"Fish and chips"
Veal ragout cooked in sauce w/baked potatoe		Fish fillet with lettuce		Turkey ragout with lettuce	<b>Cerdo guisado con manzana</b>	Lácteo / Dairy	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo / Dairy	
20		21		15		16	
<b>Arroz rehogado con ajitos</b>		<b>Crema de calabacín</b>		<b>"SAN ISIDRO"</b>		17	
Boiled rice with garlic		Crema of pumpkin soup				<b>Sopa de cocido</b> (esp.sin alergen)	<b>Crema de guisantes</b>
<b>Sepia rebozada con ensalada</b> (1,14)		<b>Roti de pavo asado c/patata panadera</b> (1,6)				"Cocido" soup	<b>Salmon con tomate y pasta salteada</b> (pasta esp.sin alergen,4)
Breaded cuttlefish with salad		Roasted turkey roti with fries		<b>Complemento del cocido</b> (6)	Chick-peas, meat, vegetables, "chorizo" stew	Salmon cooked in sauce with pasta	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo / Dairy	
27		28		22		23	
<b>Crema de espinacas</b>		<b>Fideuá mixta</b> (esp.sin alergen)		<b>Patatas Riojanas</b> (6)		24	
Cream of spinach soup		Mixed "fideua"		"Riojana" style stew potatoes		<b>Macarrones a los tres quesos</b> (esp.sin alergen, 7)	
<b>Albóndigas de ternera c/arroz blanco</b> (esp.sin alergen)		<b>Filete de bacalao con pisto</b> (4)		<b>Ternera a la jardinera</b>		<b>Fil. merluza al limón</b> con verduritas (4)	
Veal meatballs with boiled rice		Fish cooked in sauce with ratatouille		Stewed veal meat with vegetables		Hake cooked with lemon sauce and vegetables	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Lácteo / Dairy	
27		28		29		30	
<b>Crema de espinacas</b>		<b>Fideuá mixta</b> (esp.sin alergen)		<b>Sopa estrellitas con jamón</b> (esp.sin alergen)		31	
Cream of spinach soup		Mixed "fideua"		Soup with ham		<b>Arroz con tomate</b>	
<b>Albóndigas de ternera c/arroz blanco</b> (esp.sin alergen)		<b>Filete de bacalao con pisto</b> (4)		<b>Jamoncitos de pollo guisados</b> con patatas al ajillo		Boiled rice with tomato sauce	
Veal meatballs with boiled rice		Fish cooked in sauce with ratatouille		Chicken cooked in sauce with fries		<b>Fil. pescadilla a la Andaluza c/ens.</b> (1,4)	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Lácteo / Dairy	
27		28		29		30	
<b>Crema de espinacas</b>		<b>Fideuá mixta</b> (esp.sin alergen)		<b>Sopa estrellitas con jamón</b> (esp.sin alergen)		31	
Cream of spinach soup		Mixed "fideua"		Soup with ham		<b>Arroz con tomate</b>	
<b>Albóndigas de ternera c/arroz blanco</b> (esp.sin alergen)		<b>Filete de bacalao con pisto</b> (4)		<b>Jamoncitos de pollo guisados</b> con patatas al ajillo		Boiled rice with tomato sauce	
Veal meatballs with boiled rice		Fish cooked in sauce with ratatouille		Chicken cooked in sauce with fries		<b>Fil. pescadilla a la Andaluza c/ens.</b> (1,4)	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Lácteo / Dairy	



**COLEGIO EUROPEO DE MADRID**

LUNES / MONDAY		MARTES / TUESDAY		MIÉRCOLES / WEDNESDAY	JUEVES / THURSDAY	VIERNES / FRIDAY
6 ITALY		7 FRANCE		8 SPAIN	9 EUROPE DAY	10 UNITED KINGDOM
<b>Espaquetis con tomate</b> (esp.sin alergenos)		<b>Vichissoise (sin leche, nata o queso)</b>		<b>Paella Valenciana</b>	<b>Legumbre estofada a la Alemana</b> (6)	<b>Puré de verduras naturales</b>
Spaguetti with tomato sauce		"Vichissoise"		"Paella"	Sausage with legume stew	Cream of vegetables soup
<b>Merluzzo alla contadina</b> (1,sin pasar por huevo,4)		<b>Alitas de pollo con ensalada</b>		<b>Ragout de pavo con ens. Lechuga</b>	<b>Cerdo guisado con manzana</b>	<b>Fish and chips</b> (1,sin pasar por huevo,4)
Hake with vegetables		Chicken with salad		Turkey ragout with lettuce	Pork meat cooked with apple	"Fish and chips"
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo de soja / Soy dairy
13		14		15	16	17
<b>Judías verdes rehogadas</b>		<b>Arroz con tomate</b>		<b>"SAN ISIDRO"</b>	<b>Sopa de cocido</b> (esp.sin alergenos)	<b>Crema de guisantes (sin leche, nata o queso)</b>
Sauteed green beans		Boiled rice with tomato sauce			"Cocido" soup	Cream of peas soup
<b>Ragout de ternera en salsa con patata asada</b>		<b>Filete de pescado con ajo y perejil (4) con lechuga</b>			<b>Complemento del cocido</b> (6)	<b>Salmón con tomate y pasta salteada</b> (pasta esp.sin alergenos,4)
Veal ragout cooked in sauce w/baked potatoe		Fish fillet with lettuce			Chick-peas, meat, vegetables, "chorizo" stew	Salmon cooked in sauce with pasta
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo de soja / Soy dairy
20		21		22	23	24
<b>Arroz rehogado con ajitos</b>		<b>Crema de calabacín</b> (sin leche, nata o queso)		<b>Patatas Riojanas</b> (6)	<b>Judías pintas estofadas con verduras</b>	<b>Macarrones con tomate</b> (esp.sin alergenos)
Boiled rice with garlic		Crema of pumpkin soup		"Riojana" style stew potatoes	Vegetables with beans stew	Macaronni with tomato sauce
<b>Sepia rebozada</b> con ensalada (1,14)		<b>Roti de pavo asado</b> c/patata panadera (1,6)		<b>Ternera a la jardinera</b>	<b>Libritos de lomo con tomate asado</b> (1, sin pasar por huevo)	<b>Fil. merluza al limón</b> con verduritas (4)
Breaded cuttlefish with salad		Roasted turkey roti with fries		Stewed veal meat with vegetables	Breaded pork with tomato grille	Hake cooked with lemon sauce and vegetables
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo de soja / Soy dairy
27		28		29	30	31
<b>Crema de espinacas (sin leche, nata o queso)</b>		<b>Fideuá mixta</b> (esp.sin alergenos)		<b>Sopa estrellitas con jamón</b> (esp.sin alergenos)	<b>Lentejas estofadas con chorizo</b> (6)	<b>Arroz con tomate</b>
Cream of spinach soup		Mixed "fideua"		Soup with ham	"Chorizo" with lentils stew	Boiled rice with tomato sauce
<b>Albóndigas de ternera c/arroz blanco</b> (esp.sin alergenos)		<b>Filete de bacalao</b> con pisto (4)		<b>Jamoncitos de pollo guisados</b> con patatas al ajillo	<b>Lomo adobado</b> con ensalada	<b>Fil. pescadilla a la Andaluza</b> c/ens. (1,4)
Veal meatballs with boiled rice		Fish cooked in sauce with ratatouille		Chicken cooked in sauce with fries	Pork loin with salad	Breaded fish with salad
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo de soja / Soy dairy



COLEGIO  
EUROPEO  
DE MADRID

LUNES / MONDAY		MARTES / TUESDAY		MIÉRCOLES / WEDNESDAY	JUEVES / THURSDAY	VIERNES / FRIDAY	
6 ITALY		7 FRANCE		1 SPAIN	2	3	
<b>Espaquetis con tomate (1,3)</b>		<b>Vichissoise (sin leche, nata o queso)</b>		<b>Paella Valenciana</b>	<b>DAY OF "COMUNIDAD DE MADRID"</b>	<b>NOT A SCHOOL DAY</b>	
Spaguetti with tomato sauce		"Vichissoise"		"Paella"			
<b>Merluzzo alla contadina (1,3,4)</b>		<b>Alitas de pollo con ensalada</b>		<b>Tortilla española con ens. Lechuga (3)</b>			
Hake with vegetables		Chicken with salad		Spanish potatoe omelette with lettuce	<b>Cerdo guisado con manzana</b>	<b>Fish and chips (1,3,4)</b>	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Pork meat cooked with apple	"Fish and chips"	
13		14		15		16	
<b>Judías verdes rehogadas</b>		<b>Arroz con tomate</b>		<b>"SAN ISIDRO"</b>		<b>Sopa de cocido (1,3)</b>	
Sauteed green beans		Boiled rice with tomato sauce				"Cocido" soup	<b>Crema de guisantes (sin leche, nata o queso)</b>
<b>Ragout de ternera en salsa con patata asada</b>		<b>Tortilla de york con ens.lechuga (3,6)</b>				<b>Complemento del cocido (6)</b>	<b>Salmón con tomate y pasta salteada (1,3,4)</b>
Veal ragout cooked in sauce w/baked potatoe		York plain omelette with lettuce		Chick-peas, meat, vegetables, "chorizo" stew	Salmon cooked in sauce with pasta		
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo de soja / Soy dairy	
20		21		22		23	
<b>Arroz rehogado con ajitos</b>		<b>Crema de calabacín (sin leche, nata o queso)</b>		<b>Patatas Riojanas (6)</b>	<b>Judías pintas estofadas con verduras</b>	<b>Macarrones con tomate (1,3)</b>	
Boiled rice with garlic		Crema of pumpkin soup		"Riojana" style stew potatoes	Vegetables with beans stew	Macaronni with tomato sauce	
<b>Sepia rebozada con ensalada (1,14)</b>		<b>Roti de pavo asado c/patata panadera (1,6)</b>		<b>Tortilla de atún con ens.lechuga (3,4)</b>	<b>Libritos de lomo con tomate asado (1,3)</b>	<b>Fil. merluza al limón con verduritas (4)</b>	
Breaded cuttlefish with salad		Roasted turkey roti with fries		Tuna plain omelette with lettuce	Breaded pork with tomato grille	Hake cooked with lemon sauce and vegetables	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo de soja / Soy dairy	
27		28		29		30	
<b>Crema de espinacas (sin leche, nata o queso)</b>		<b>Fideuá mixta</b>		<b>Sopa estrellitas con jamón (1,3)</b>	<b>Lentejas estofadas con chorizo (6)</b>	<b>Arroz con tomate</b>	
Cream of spinach soup		Mixed "fideua"		Soup with ham	"Chorizo" with lentils stew	Boiled rice with tomato sauce	
<b>Albóndigas de ternera c/arroz blanco (1,3,6,12)</b>		<b>Filete de bacalao con pisto (4)</b>		<b>Jamoncitos de pollo guisados con patatas al ajillo</b>	<b>Tortilla de patata con ensalada (3)</b>	<b>Fil. pescadilla a la Andaluza c/ens. (1,4)</b>	
Veal meatballs with boiled rice		Fish cooked in sauce with ratatouille		Chicken cooked in sauce with fries	Spanish potatoe omelette with salad	Breaded fish with salad	
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo de soja / Soy dairy	





**COLEGIO EUROPEO DE MADRID**

LUNES / MONDAY		MARTES / TUESDAY		MIÉRCOLES / WEDNESDAY	JUEVES / THURSDAY	VIERNES / FRIDAY
6 ITALY		7 FRANCE		1 SPAIN	2	3
<b>Espaquetis con tomate (1,3)</b>		<b>Vichissoise (sin leche, nata o queso)</b>		<b>Paella Valenciana</b>	<b>DAY OF "COMUNIDAD DE MADRID"</b>	<b>NOT A SCHOOL DAY</b>
Spaguetti with tomato sauce		"Vichissoise"		"Paella"		
<b>Merluzzo alla contadina (1,3,4)</b>		<b>Alitas de pollo con ensalada</b>		<b>Tortilla española con ens. Lechuga (3)</b>		
Hake with vegetables		Chicken with salad		Spanish potatoe omelette with lettuce	<b>Cerdo guisado con manzana</b>	<b>Fish and chips (1,3,4)</b>
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo de soja / Soy dairy
13		14		15	16	17
<b>Judías verdes rehogadas</b>		<b>Arroz con tomate</b>		<b>"SAN ISIDRO"</b>	<b>Sopa de cocido (1,3)</b>	<b>Crema de guisantes (sin leche, nata o queso)</b>
Sauteed green beans		Boiled rice with tomato sauce			"Cocido" soup	Crema of peas soup
<b>Ragout de ternera en salsa con patata asada</b>		<b>Tortilla de york con ens.lechuga (3,6)</b>			<b>Complemento del cocido (6)</b>	<b>Salmón con tomate y pasta salteada (1,3,4)</b>
Veal ragout cooked in sauce w/baked potatoe		York plain omelette with lettuce			Chick-peas, meat, vegetables, "chorizo" stew	Salmon cooked in sauce with pasta
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo de soja / Soy dairy
20		21		22	23	24
<b>Arroz rehogado con ajitos</b>		<b>Crema de calabacín (sin leche, nata o queso)</b>		<b>Patatas Riojanas (6)</b>	<b>Judías pintas estofadas con verduras</b>	<b>Macarrones con tomate (1,3)</b>
Boiled rice with garlic		Crema of pumpkin soup		"Riojana" style stew potatoes	Vegetables with beans stew	Macaronni with tomato sauce
<b>Sepia rebozada con ensalada (1,14)</b>		<b>Roti de pavo asado c/patata panadera (1,6)</b>		<b>Tortilla de atún con ens.lechuga (3,4)</b>	<b>Libritos de lomo con tomate asado (1,3)</b>	<b>Fil. merluza al limón con verduritas (4)</b>
Breaded cuttlefish with salad		Roasted turkey roti with fries		Tuna plain omelette with lettuce	Breaded pork with tomato grille	Hake cooked with lemon sauce and vegetables
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo de soja / Soy dairy
27		28		29	30	31
<b>Crema de espinacas (sin leche, nata o queso)</b>		<b>Fideuá mixta</b>		<b>Sopa estrellitas con jamón (1,3)</b>	<b>Lentejas estofadas con chorizo (6)</b>	<b>Arroz con tomate</b>
Cream of spinach soup		Mixed "fideua"		Soup with ham	"Chorizo" with lentils stew	Boiled rice with tomato sauce
<b>Albóndigas de ternera c/arroz blanco (1,3,6,12)</b>		<b>Filete de bacalao con pisto (4)</b>		<b>Jamoncitos de pollo guisados con patatas al ajillo</b>	<b>Tortilla de patata con ensalada (3)</b>	<b>Fil. pescadilla a la Andaluza c/ens. (1,4)</b>
Veal meatballs with boiled rice		Fish cooked in sauce with ratatouille		Chicken cooked in sauce with fries	Spanish potatoe omelette with salad	Breaded fish with salad
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo de soja / Soy dairy





COLEGIO  
EUROPEO  
DE MADRID

MIÉRCOLES / WEDNESDAY		JUEVES / THURSDAY		VIERNES / FRIDAY	
1		2		3	
<b>NOT A SCHOOL DAY</b>		<b>DAY OF "COMUNIDAD DE MADRID"</b>		<b>NOT A SCHOOL DAY</b>	
LUNES / MONDAY		MARTES / TUESDAY		MÉRCOLES / WEDNESDAY	
6 ITALY		7 FRANCE		8 SPAIN	
<b>Espaquetis con tomate</b> (esp.sin alergenos)	<b>Vichissoise (sin leche, nata o queso)</b>	<b>Paella Valenciana</b>	<b>Legumbre estofada a la Alemana</b> (6)	<b>Puré de verduras naturales</b>	
Spaguetti with tomato sauce	"Vichissoise"	"Paella"	Sausagge with legume stew	Cream of vegetables soup	
<b>Merluzzo alla contadina</b> (harina de maíz,3,4)	<b>Parmentier de carne</b> (7,12)	<b>Tortilla española</b> con ens. Lechuga (3)	<b>Cerdo guisado con manzana</b>	<b>Fish and chips</b> (harina de maíz,3,4)	
Hake with vegetables	"Parmentier" meat	Spanish potatoe omelette with lettuce	Pork meat cooked with apple	"Fish and chips"	
Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo / Dairy	
13		14		15	
<b>Judías verdes rehogadas</b>	<b>Arroz con tomate</b>	<b>"SAN ISIDRO"</b>		<b>Sopa de cocido</b> (esp.sin alergenos)	<b>Crema de guisantes (sin leche, nata o queso)</b>
Sauteed green beans	Boiled rice with tomato sauce			"Cocido" soup	Cream of peas soup
<b>Ragout de ternera en salsa</b> con patata asada	<b>Tortilla de york</b> con ens.lechuga (3,6)			<b>Complemento del cocido</b> (6)	<b>Salmón con tomate y pasta salteada</b> (esp.sin alergenos,4)
Veal ragout cooked in sauce w/baked potatoe	York plain omelette with lettuce			Chick-peas, meat, vegetables, "chorizo" stew	Salmon cooked in sauce with pasta
Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit			Fruta de temporada / Seasonal fruit	Lácteo / Dairy
20		21		22	
<b>Arroz Tres Delicias</b> (3,2,6)	<b>Crema de calabacín</b> (sin leche, nata o queso)	<b>Patatas Riojanas</b> (6)	<b>Judías pintas estofadas con verduras</b>	<b>Macarrones con tomate</b> (esp.sin alergenos)	
Special fried rice	Crema of pumpkin soup	"Riojana" style stew potatoes	Vegetables with beans stew	Macaronni with tomato sauce	
<b>Filete de pescado plancha</b> con ensalada (4)	<b>Ragout de pavo asado</b> c/patata panadera	<b>Tortilla de atún</b> con ens.lechuga (3,4)	<b>Libritos de lomo</b> con tomate asado (harina de maíz,3)	<b>Fil. merluza al limón</b> con verduritas (4)	
Breaded cuttlefish with salad	Roasted turkey roti with fries	Tuna plain omelette with lettuce	Breaded pork with cheese ant tomato grille	Hake cooked with lemon sauce and vegetables	
Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo / Dairy	
27		28		29	
<b>Crema de espinacas (sin leche, nata o queso)</b>	<b>Fideuá mixta</b> (esp.sin alergenos)	<b>Sopa estrellitas con jamón</b> (esp.sin alergenos)	<b>Lentejas estofadas con chorizo</b> (6)	<b>Arroz con tomate</b>	
Cream of spinach soup	Mixed "fideua"	Soup with ham	"Chorizo" with lentils stew	Boiled rice with tomato sauce	
<b>Albóndigas de ternera</b> c/arroz blanco (esp.sin alergenos)	<b>Filete de bacalao</b> con pisto (4)	<b>Jamoncitos de pollo guisados</b> con patatas al ajillo	<b>Tortilla de patata</b> con ensalada (3)	<b>Fil. pescadilla a la Andaluza</b> c/ens. (harina de maíz,4)	
Veal meatballs with boiled rice	Fish cooked in sauce with ratatouille	Chicken cooked in sauce with fries	Spanish potatoe omelette with salad	Breaded fish with salad	
Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Fruta de temporada / Seasonal fruit	Lácteo / Dairy	



COLEGIO EUROPEO DE MADRID

LUNES / MONDAY		MARTES / TUESDAY		MIÉRCOLES / WEDNESDAY	JUEVES / THURSDAY	VIERNES / FRIDAY			
6 ITALY		7 FRANCE		1	2	3			
<b>Espaquetis Carbonara</b> (esp.sin alergen,6,7)		<b>Vichissoise</b>		<b>NOT A SCHOOL DAY</b>		<b>NOT A SCHOOL DAY</b>			
"Carbonara" style spaguetti		"Vichissoise"		<b>DAY OF "COMUNIDAD DE MADRID"</b>		<b>NOT A SCHOOL DAY</b>			
<b>Merluzzo alla contadina</b> (harina de maíz,3,4)		<b>Parmentier de carne</b> (7,12)		<b>Paella Valenciana</b>		<b>Puré de verduras naturales</b>			
Hake with vegetables		"Parmentier" meat		"Paella"		Cream of vegetables soup			
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit			
13		14		15		16			
<b>Judías verdes rehogadas</b>		<b>Arroz con tomate</b>		<b>"SAN ISIDRO"</b>		<b>Sopa de cocido</b> (esp.sin alergen)			
Sauteed green beans		Boiled rice with tomato sauce				"Cocido" soup		<b>Crema de guisantes</b>	
<b>Ragout de ternera en salsa con patata asada</b>		<b>Tortilla de queso con ens.lechuga</b> (3,7)				<b>Complemento del cocido</b> (6)		<b>Salmón con tomate y pasta salteada</b> (esp.sin alergen,4)	
Veal ragout cooked in sauce w/baked potatoe		Cheese plain omelette with lettuce		Fruta de temporada / Seasonal fruit		Chick-peas, meat, vegetables, "chorizo" stew			
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit			
20		21		22		23			
<b>Arroz Tres Delicias</b> (3,2,6)		<b>Crema de calabacín</b>		<b>Patatas Riojanas</b> (6)		<b>Judías pintas estofadas con verduras</b>			
Special fried rice		Crema of pumpkin soup		"Riojana" style stew potatoes		Vegetables with beans stew			
<b>Filete de pescado plancha con ensalada</b> (4)		<b>Ragout de pavo asado c/patata panadera</b>		<b>Tortilla de atún con ens.lechuga</b> (3,4)		<b>Libritos de lomo con queso con tomate asado</b> (harina de maíz,3,7)			
Breaded cuttlefish with salad		Roasted turkey roti with fries		Tuna plain omelette with lettuce		Breaded pork with cheese ant tomato grille			
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit			
27		28		29		30			
<b>Crema de espinacas</b>		<b>Fideuá mixta</b> (esp.sin alergen)		<b>Sopa estrellitas con jamón</b> (esp.sin alergen)		<b>Lentejas estofadas con chorizo</b> (6)			
Cream of spinach soup		Mixed "fideua"		Soup with ham		"Chorizo" with lentils stew			
<b>Albóndigas de ternera c/arroz blanco</b> (esp.sin alergen)		<b>Filete de bacalao con pisto</b> (4)		<b>Jamoncitos de pollo guisados</b> con patatas al ajillo		<b>Tortilla de patata con ensalada</b> (3)			
Veal meatballs with boiled rice		Fish cooked in sauce with ratatouille		Chicken cooked in sauce with fries		Spanish potatoe omelette with salad			
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit			
						31			
<b>Arroz con tomate</b>		<b>Arroz con tomate</b>		<b>Arroz con tomate</b>		<b>Arroz con tomate</b>			
Boiled rice with tomato sauce		Boiled rice with tomato sauce		Boiled rice with tomato sauce		Boiled rice with tomato sauce			
<b>Fil. merluza al limón con verduritas</b> (4)		<b>Fil. merluza al limón con verduritas</b> (4)		<b>Fil. merluza al limón con verduritas</b> (4)		<b>Fil. merluza al limón con verduritas</b> (4)			
Hake cooked with lemon sauce and vegetables		Hake cooked with lemon sauce and vegetables		Hake cooked with lemon sauce and vegetables		Hake cooked with lemon sauce and vegetables			
Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit		Fruta de temporada / Seasonal fruit			